

October 3rd 2025 UTILITA ARENA CARDIFF

Incorporating the ALN/SEND Show



Working With:



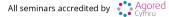
















09:00 - 09:50

Making the most of the internet as a teacher

In the session Mr P will share and demonstrate a wealth of free tools available for teachers to use to enhance learning in the classroom.



Presented By:

Mr P (Lee Parkinson)

Primary School Teacher and Education Consultant

Language: English | Audience: All

09:00 - 09:50

The importance of play and fun for children's wellbeing

Having positive, enjoyable playtimes makes the world of difference to children. We cannot underestimate the importance of wellbeing arising from play and laughter. Jenny will discuss how co-operation, inclusion, community and belonging are nurtured through play. Children can learn traditional and new games to support learning, friendships and teamwork. Jenny will discuss how everyone can play happily in busy, zoned playgrounds. She will also highlight how playfulness can bring more joy into the classroom!



Presented By:

Jenny Mosley

Company Director and Founder of Quality Circle Time plus Publisher

Language: English | Audience: SEND / ALN EY, Pri & Sec

09:00 - 09:50

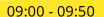


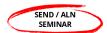
It is just a fad: They don't need a diagnosis

Answering the undercurrent of resentment around increasing rates of neurodivergent diagnosis, by looking at what is causing the trend, and what the consequences of diagnosis are.

(In essence, as we learn more about what neurodivergence is we spot more people, and diagnosis is demonstrably protective of mental and physical health. I'll also answer the clogging up the NHS and other systems critique with a call for what I believe will be future practice)

This would contain insight into the roots of neurodivergence and insight into how to frame approaches to neurodivergent students.





Strategies for effective SEND / ALN leadership

This will be a session giving you tools and strategies to be an effective leader of SEND / ALN. Looking at the challenges and expectations of this role and simple techniques to overcome the barriers.



Presented By:

Dr Jo Grace

Sensory Engagement and Inclusion Specialist

Language: English | Audience: SEND / ALN EY, Pri & Sec



Presented By:

Karen Ferguson

Trainer NSM Training & Consultancy

Language: English | Audience: SEND / ALN & All

09:00 - 09:50



Teaching and learning in a neurodiverse world

Neurodiversity is an inclusive term that acknowledges the fact that people with learning difficulties have a unique experience of the world that can bring many benefits. They may struggle in some areas but excel in others. The diversity of human thinking should be celebrated! During this session, Nina Jackson, a neurodiverse educator herself, will guide you, share strategies, skills and ideas to support teaching and learning in a neurodiverse world.

09:00 - 09:50

Understanding mental wealth

Introduction to Mental Wealth

The Mental Wealth Team Scorecard - Assessing your current mental wealth status:

Transforming Your Network - Strategies for building a robust support network:

Demonstrable Value: Participants will leave with a renewed understanding of their support network and actionable steps to enhance their mental wealth through meaningful connections.



Presented By:

Nina Jackson

Education Consultant and Author

Language: English | Audience: SEND / ALN & All



Presented By:

Mike Pagan

Breaking Frontiers Ltd - Managing Director

Language: English | Audience: All

All seminars accredited by Agored







09:00 - 09:50



SEND / ALN identification and it's Impact on progress, resources and well-being

This session will highlight the importance of SEND / ALN identification and practice and its impact on resources, progress and well being of the school community.

SEND / ALN is a large topic as the picture of inclusion has evolved and so many school leaders are grappling with questions regarding resourcing, pupil progress and staff well-being. In this seminar I will highlight the importance of identification leading to accurate and targeted support to support the above

I will discuss the elements of SEND / ALN most neglected and how they most contribute to progress and pupil development.



Presented By:

Emma Noel Pinnock CEO of the Essential education Group

Language: English | Audience: SEND / ALN & All

09:00 - 09:50

Present your ideas, news and opinions with confidence

Do you avoid delivering presentations? Do you lack confidence in sharing opinions or even sharing news in bigger groups.

Using tried and tested steps to approach presenting, Susan will share straightforward ways to prepare; consider the purpose; different ways to structure your content for the maximum impact; develop presence with your body language and the voice. You will go away with many new ideas on how to approach presenting and be more confident.



Presented By:

Susan Heaton-Wright

Global expert in impact, presence, speaking and influence

Language: English | Audience: All

09:00 - 09:50

Reducing challenging behaviour in class: Why focusing on language skills can be an answer

Sue White will discuss the role improving vocabulary and communication skills can have in reducing challenging behaviours in class. Sue will share practical strategies to help students communicate and fully engage in learning activities in a positive way.



Presented By: Sue White Head of Education Language: English | Audience: All

09:00 - 09:50

Personalised learning for every pupil

Unlock the potential of every learner by providing inspirational and positive experiences. This session focuses on personalising learning through tools and functionalities available on your existing school devices. Whether utilising Apple, Google, or Microsoft platforms, we'll explore a wealth of free resources, ensuring budget constraints don't limit educational innovation. Embrace Assistive and Inclusive Technology to revolutionise every pupil's educational journey, catering to diverse learning needs. Educators will gain the skills to harness technology, fostering a highly personalised classroom approach that enhances student engagement and success. Discover how free tools can maximise the educational experience for all learners, regardless of resources.



Presented By:

Senior Digital Learning Specialist (Education Lead)

Language: English | Audience: All

09:00 - 09:50

Vocal Energiser - Vocal health and well-being

- -Waking our Voices up ready for the day ahead
- -Releasing positive endorphins- helping to make us feel confident helping us to feel good!
- -Vocal Health education and awareness.
- -General Health, mindfulness and well-being
- -Food and diet re the voice
- -What can we do if our voices/ throats feel sore, hoarse or uncomfortable?
- -The Voice itself the mechanism / anatomy
- -How we think about our voice Our everyday voice and our work voice, our instrument, our identity, confidence, presence.
- -Transferable skills for the classroom and for our pupils.



Presented By:

Soprano / Singing Teacher / Speech and Drama Teacher / Performance Coach

Language: English | Audience: All

09:00 - 09:50

e-sgol yn y cynradd

Cyflwyniad rhyngweithiol yn edrych ar brosiectau buddiol i ysgolion cynradd sy'n manteisio ar y dechnoleg ddiweddaraf i ddod â phrofiadau gwerthfawr i ddysgwyr ledled Cymru.

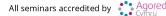
Bydd cyfle i flasu arlwy eang gan gynnwys gwasanaethau rhyngweithiol sy'n edrych ar fanteision yr iaith Gymraeg gyda thasgau llythrennedd wedi'u gwahaniaethu i 11 lefel, e-steddfodau byrlymus yn dod ag un o draddodiadau diwylliannol pwysicaf Cymru yn fyw i'r dosbarth, gweithdai e-hangu gorwelion ar y cyd â phrifysgolion Cymru i gynnig profiadau heriol i ddysgwyr dawnus yn ogystal â sesiynau bywiog sy'n cynnig profiad o ieithoedd y byd i'ch ysgolion rhywbeth at ddant pawb!



Presented By:

Arweinydd Cynradd e-sgol

Language: Cymraeg | Audience: All







10:30 - 11:20

Dragons - A creative writing adventure

For over 40 years, Pie Corbett has been taming and tempting dragons to ignite young imaginations.

In this dynamic workshop, you'll dive into the magical world of mythical creatures to explore short-burst poetry, news reports and information writing.

From crafting dragon-inspired stories to creating character-driven adventures, you'll discover fun, adaptable strategies to engage young writers.

Grab your dragon eggs, summon your inner adventurer, and let the magic of writing take flight!



Presented By:

Pie Corbett

Writer, Author, Teacher and Poet

Language: English | Audience: All

10:30 - 11:20

Working smarter not harder

Embracing AI to support teaching and learning in the classroom. This session will involve Mr P sharing and demonstrating effective ways AI can help and support teachers in the classroom.



Presented By:

Mr P (Lee Parkinson)

Primary School Teacher and Education Consultant

Language: English | Audience: All

10:30 - 11:20

Working on our own mental health and wellbeing first – so we have the energy to help others!

It is easy to ignore our own wellbeing needs, but adults need to role model good wellbeing and keep it high on school agendas.

We need balance in our lives and to work on Personal Care Plans, mindfulness and fun to recharge energy and joy levels, to have energy to actively support others.

It's important we reach out and share our experiences in supportive, nonjudgemental adult forums to create strong, caring, inclusive relationships and learning environments for everyone.



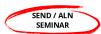
Presented By:

Jenny Mosley

Company Director and Founder of Quality Circle Time plus Publisher

Language: English | Audience: All

10:30 - 11:20



Sensory supports are you being mis-sold?

Pop a load of fiddle toys on the desk and you are providing sensory support? Ban fidget spinners and you are supporting concentration? What is the best approach? – This seminar would unpick any one size fits all approach and look at how to use sensory resources to best support those who benefit from that kind of support.



Presented By:

Or Jo Grace

Sensory Engagement and Inclusion Specialist

Language: English | Audience: SEND / ALN EY, Pri & Sec

10:30 - 11:20

The path to happy, high-performing schools

High performance and happiness can seem mutually exclusive, however this is a false dichotomy - to have either you need the other.

But how? When it feels like we must trade happiness for high performance and vice versa.

With over a decade of research into happy high performing schools, Sonia will share how some schools achieve great, holistic results, have happy teams (who are often working less hours than most schools) and practical tips to help you do the same.



Presented By:

Sonia Gill

Heads Up - Director

Language: English | Audience: All

10:30 - 11:20

Finding the Fizz - pedagogy, practice, emotional well-being, hope and happiness

In a world of ever changing educational policies and practices, it is the unique world of the child, growing, learning and experiencing the world with different learning experiences which counts. Data, tests and exams does not a great learner make. 'Of Teaching, Learning & Sherbet Lemons' is what education, schools, teaching and learning is all about. We need the solid exterior – the rigour, the rules, the systems and the structures – to make everything work. Getting through the hard shell makes going in search of the fizzy centre that much more satisfying, and it is here, at the core of teaching and learning, where the most magical things take place, where the real fizz happens. PLEASE BRING A DIGITAL DEVICE WITH YOU eg. mobile phone!



Presented By:

Nina Jackson

Education Consultant and Author

Language: English | Audience: All







10:30 - 11:20

Coaching at heart of organisational health and well-being

Developing a coaching culture will have the most positive impact on people working in schools and ultimately the children and their families. Coaching leaders and developing coaching in schools is a powerful way to equip people with the autonomy they need to shape the educational landscape where they work. In this interactive workshop, Julie will engage you in the art of coaching. There will be a focus on listening, curiosity and asking the right questions.



Learn to de-escalate with the Maria Von Trapp method

Meic takes delegates through the process of why some children will display certain behaviours and how, by transforming into Maria Von Trapp you can learn to de-escalate and manage behaviour via Doe Ray Me.



Presented By:

Julie Rees

RLE Consultant, CCPC Co-active coach and C-me Accredited Consultant

Language: English | Audience: All



Presented By:

Meic Griffiths / Neal Collard Executive Headteacher / Director

Language: English | Audience: All

10:30 - 11:20



The principal educational strategies to support children and young people with ADHD

- 1) What ADHD is and isn't, including up to date research, key features, diagnostic criteria, comorbidities, executive functioning impairments, emotional dysregulation and the different presentations of ADHD.
- 2) Strategies for the classroom- including support for executive functioning, communication, masking, memory, engagement and support for self-management.

10:30 - 11:20

To Pride or not to Pride

In the last few years, holding a pride event has become a new trend in schools. Are these valuable additions to school or a gimmick? In this session, we will unpick the reasons for and against holding a pride in school, whether you should have a Pride club and alternative ways to engage with our community about LGBTQ+ identities and issues.



Presented By:

Colin Foley

ADHD Foundation Neurodiversity Charity. National Training Director

Language: English | Audience: SEND / ALN EY, Pri & Sec



Presented By:

lan Timbrell

LGBTQ+ and diversity trainer and consultant

Language: English | Audience: All

10:30 - 11:20

Things I didn't know my device could do!

Discover the untapped potential of the devices already at your fingertips! This hands-on session will introduce teachers to powerful, lesser-known features on iPads, laptops, and Chromebooks that can enrich classroom learning without the need for additional resources or technology. We'll dive into built-in tools and settings that make teaching easier, support diverse learning needs, and engage students in innovative ways. From accessibility options that boost inclusivity to creative uses of multimedia and productivity hacks, this session is packed with practical tips and tricks. You'll leave with new confidence and inspiration to enhance your lessons, streamline your workflow, and create interactive, memorable learning experiences with the devices you already have in your classroom.



Presented By:

Nick Evans

Head of Digital Learning

Language: English | Audience: All

10:30 - 11:20

Magic and self-confidence

An opportunity for you to be amazed by some magic tricks and to experience it's worth as it's used to develop self-confidence and strategies to cope with difficult emotions. As an arts in health practitioner, the well-being and mental health of children is of utmost importance to me. Combining this with over 40 years of performing as a magician means that the magic sessions I offer to promote children's self-confidence are in a safe environment, dynamic, entertaining, sensitive and with belly laughs of fun. The children feel valued and realise that they can make a difference, that their voice matters. Although we can't always make everything ok, we can make things better. Magic that puts a smile in your heart.

This seminar is suitable for all and will be delivered in Welsh and English.



Presented By:

Karen Wynne

Consultant and Arts in Health Practitioner

Language: English & Welsh | Audience: All









12:00 - 12:50

Oracy - Pedagogy of hope and action

Hywel will explore the following:

- · Storytelling and learning: the research into how stories engage and motivate learners
- · Embracing enactive practice through Drama pedagogy to aid understanding
- · Encouraging great oracy across the curriculum spectrum
- · Moving from engagement to investment in learning
- · How to build towards transformational practice
- · We'll also have a laugh!!



The explosive pupil! Anger management for schools and colleges

This session is designed to give participants an insight into the characteristics and psychology of anger and explore and understand potential triggers. As well as tools, techniques and practical strategies to safely manage and deal with certain pupils/students and situations.





Presented By: Nicola S. Morgan Education Consultant, Author & TEDx Speaker Language: English | Audience: All

12:00 - 12:50



Autism plus environment = Outcome

Exploring what it means to be Autistic, and how important that quote is above. Real life examples from myself and my Neurokin.

Using the above to gain an insight in individuals of all ages you work and live with, to create the right environment.

12:00 - 12:50

Creating the 'We': The importance of belonging in schools

The need to belong is hard-wired into human biology, and increasingly recognised as a significant factor in school attendance, behaviour and attainment. In this seminar Jean will explore the research on belonging and provide practical strategies for increasing school connectedness for all pupils but particularly those who are disadvantaged or vulnerable. She will describe:

- Ways of building cohesive classes and tutor groups;
- How to increase peer group interaction and mutual support;
- How to make sure all children feel known and valued as individuals;
- How to build strong relationships between staff and pupils.





Presented By: **lean Gross** Best-selling author and popular speaker Language: English | Audience: Pri & Sec

12:00 - 12:50

Building your mental wealth team

By attending this training, the key takeaways will be:

- The necessity of proactive self-care in maintaining mental wealth;
- Understanding the distinct roles of coaching and professional networks in supporting personal growth;
- · Recognising how mastermind groups can provide the structure and accountability needed for success.

Participants will learn practical strategies for self-care and how to cultivate a network that offers both support and accountability, enhancing their mental wealth and overall effectiveness.



Presented By: Breaking Frontiers Ltd - Managing Director Language: English | Audience: All

12:00 - 12:50

Approaching EAL support strategically: From arrival to assessment and achievement

Beth will explore what it means to be EAL, how long the process of learning English can take and how best to assess and monitor the progress of your EAL cohort. What does an effective new arrivals process look like? When should we assess learners? How does support differ according to proficiency level? What are common barriers to learning we should plan for? Beth will take you on a whistle-stop journey of all things EAL and look at how a strategic, whole-school approach is the key to success for all.



Presented Bv: Educational Consultant and Specialist Leader of Education (SLE) for EAL

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SEMINAR

Where words fail music speaks

Music therapy is a tool that can support children with mental health difficulties through expressing emotions through music or other creative activities where words lack or feel too difficult. Though music therapy, children can start to give meaning to their thoughts, feelings and emotions to create connection, relieve anxiety, regulate emotions and improve relationships.





to look after your voice.

12:00 - 12:50

Read About Seminars

Presented By:

Susan Heaton-Wright Global Expert in Impact, Presence, Speaking and Influence

Language: English | Audience: All

Top tips for making an impact in the classroom: With your voice, physical presence and vocal health

Vocal health and losing your voice is an occupational hazard - but it really

shouldn't be. Looking after your voice; being aware of the positive physical

presence in the classroom and pacing yourself are all positive ways to maintain

your voice and energy levels. In this practical session you will discover how to use your voice; Traffic light voices' for pacing your vocal usage; basic charisma

and body language tips; designing lessons to pace your energy and tips on how



Presented By: Music Therapist

Language: English | Audience: SEND / ALN & All

12:00 - 12:50



Leading outstanding SEND / ALN provisions

This seminar will highlight the importance of leadership in achieving outstanding SEND practice. (we can discuss the word Outstanding if it is too connected to Ofsted)

During this session, I will share about the importance of Vision, leadership, resources and supporting staff wellbeing and knowledge.



Using the outdoors to maximise nature connection

A strong connection to nature is the best predictor of pro-environmental behavior in young people, not to mention the wealth of other benefits. Of course, access to outdoor spaces is uneven across the country and not all outside time is created equal where nature connection is concerned.

In this seminar we explore how all time outside the classroom can be maximised to achieve strong nature connection, from residential trips to forest school to everyday curriculum delivery. Furthermore, how connection to our environment can be fostered in the most unassuming of outdoor spaces.



Presented By: Emma Noel Pinnock CEO of the Essential Education Group Language: English | Audience: SEND & All



Presented By:

Rebecca Edwards / Mark Tiernan

Environmental Learning Coordinator/ Centre Operations

Language: English | Audience: All

12:00 - 12:50

60 Seconds away

In "60 Seconds Away," Maria explores the profound impacts of a split second. In today's talk, we delve into the critical moments that can change outcomes in seconds through a real journey and insights.

Join us as we uncover the intense world of split-second decision-making and its significant consequences in our everyday lives and society.



Presented By: NLP Coach, Master P. Time Line Therapy & TEDx Speaker Language: English | Audience: All

12:00 - 12:50

Understanding the DfE's whole school approach the mental health and wellbeing

In summer 2022, a DfE study underscored the urgent need for practical, impactful support in addressing mental health and wellbeing in schools. The DfE responded with the 8 principles for a whole school approach—a clear, actionable framework to drive meaningful, lasting change.

Every school, regardless of size or complexity, is on a journey to improve outcomes. Whether you're taking the first steps or have embedded wellbeing at the heart of your practice, understanding your setting's priorities is key to moving beyond short-term compliance. This seminar offers insights into a dynamic, long-term solution tailored to your school's unique needs.



Presented By: **Cath Beagley** The Mental Health Hub - Founder Language: English | Audience: All







13:30 - 14:20

How to bring joy into your classroom without losing your mind

Drawing on current research, Hywel will share approaches that will enable you to excel in your role. He will cover:

- How joy can become a central part of your day
- What the research tells us
- Employing discerning pedagogical decisions
- Powerful Botheredness models as a boon to creative practice and placing learning into contexts that bring the abstract to life
- Building the bridge between published and lived curriculum
- How our teacher persona and stance impacts learning and progress
- We'll also have FUN!!!!



Presented By: **Hywel Roberts**

Education Consultant & Author

Language: English | Audience: All

13:30 - 14:20

Be Resilient! Practical ways to develop resilient pupils

Developing resilience is now being seen as just as important as academic learning and wellbeing. According to research resilient children and young people achieve higher attendance, more positive behaviour, and achieve greater academic outcomes. This session is designed for participants to gain a deeper understanding as well as explore a kit bag of research-based practical approaches and strategies to support building resilience.



Presented By:

Nicola S. Morgan

Education Consultant, Author & TEDx Speaker

Language: **English** | Audience: **All**

13:30 - 14:20

10 Common leadership pitfalls in schools and how to overcome them

Walk into enough schools, and you'll start to see patterns. Since 2011, Sonia Gill has been visiting schools across the country, noticing the same issues crop up time and again. These aren't just general leadership mistakes—they're specific challenges that school leaders face.

The good news? Every single one of these problems can be resolved, often more easily than you might think. Join us to uncover what these common pitfalls are and discover practical steps to overcome them.



13:30 - 14:20

Taskmaster education: The joy of learning

Dr Ali Struthers and James Blake-Lobb will share how Taskmaster Education Club is honing key skills, such as teamwork, lateral thinking, resilience, creativity, communication, and reasoning.

Working as a team improves a child's sense of belonging, supporting their wellbeing, and the varied nature of tasks means that it's not always the same (sporty or academic) children who do well. Everyone has the chance to play their part, feel involved, and succeed.

Attendees will get the chance to try out some of the tasks that we use in Taskmaster Club and see for themselves how beneficial the format can be for all ages and abilities.



Presented By:

Dr Ali Struthers and James Blake-LobbCo-founders of Taskmaster Education

Language: English | Audience: All

13:30 - 14:20



Autistic, at school, understanding our sensory differences can enhance learning

During this session, Tigger will cover:

- Autistic, a different way of experiencing the sensory world;
- Exploring our Senses;
- Being Autistic, examples from myself and my Neurokin, exploring our sensory world, giving you an insight into a day at school;
- What can we do to reduce the anxiety our sensory differences bring;
- Using our sensory differences to enhance our learning and reduce our anxiety, Neurokits!.



Presented By:

Tigger Pritchard Advocate, Consultant, and Trainer

Language: **English** | Audience: **All**

13:30 - 14:20

Datblygiadau newydd mewn cyhoeddi llyfrau digidol rhyngweithiol ar gyfer ysgolion

Trosolwg llawn ar apiau, meddalwedd ac offer newydd sy'n hwyluso a galluogi disgyblion i fod yn fwy mentrus a chreadigol wrth gofnodi gwaith o fewn y dosbarth. Creu a chyhoeddi gwaith gwreiddiol 'trawsgwricwlaidd' y disgyblion ar ffurf testun, graffeg, sain, a ffilm.

Dathlu cenhedlaeth newydd hyderus o ddarlledwyr digidol ifanc sy'n cyhoeddi gwaith ar feddalwedd proffesiynol i gynulleidfa ehangach a lwyfannau megis:

- Podlediadau / rhaglenni radio ar lein
- e lyfrai
- Sianel deledu 'You Tube' i ddathlu gwaith disgyblion
- Gwefan a Blogiau Ysgol



Cyflwynir gan:

lobin Williams

Ymarferwr Creadigol - Y Celfyddydau Creadigol Mynegiannol Athro Ymgynghorol TGaCh Apple

laith: Cymraeg | Cynulleidfa: Pawb

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Read About Seminars



13:30 - 14:20



Supporting the mental health and wellbeing of children and young people with ADHD

1) The mental health vulnerabilities of ADHD in children and young people, including learner anxiety, difficulties with food, self harm, self medication, rejection sensitivity and oppositional and defiant profiles.

2) Strategies to support children and young people, including self management of ADHD, school and classroom culture, celebrating neurodiversity and interventions to support emotional regulation.



Bullying is so gay

LGBTQ+ pupils are more than twice as likely to be bullied in schools and despite all of the work to improve equality, these statistics are not improving. In this seminar, we will look at the reasons that bullying takes place, the mistakes that are often made when attempting to tackle bullying and what you can do to reduce bullying, and improve the lives of all pupils.



Presented By:

Colin Foley

ADHD Foundation Neurodiversity Charity National Training Director

Language: English | Audience: All



Presented By:

Ian Timbrell

LGBTQ+ and diversity trainer and consultant

Language: English | Audience: All

13:30 - 14:20

When do restrictive practices become a safeguarding concern?

This seminar explores the critical balance between safety and rights when using restrictive practices in care and education settings.

Participants will gain a clear understanding of the different types of restrictive practices and the ethical and legal considerations surrounding their application.

Maria will explain how and when restrictive practices can cross into safeguarding concerns, examining key indicators of misuse, unintended harm or breaches of individuals' rights.

13:30 - 14:20

I only said and ... WOOSH!

Neal and Meic take you through some of the behavioural presentations, what pushes your buttons and how you can use our mindful mole to help understand and support some of the most tricky behaviours.



Presented By:

Maria Taylor

CPI - International Director of Training

Language: English | Audience: All



Presented By:

Meic Griffiths / Neal Collard

Executive Headteacher / Director

Language: English | Audience: All

13:30 - 14:20

Unlocking joy in education: A seminar for empowering educators

With 20 years of teaching experience, I've nurtured children through joy, love, laughter, and dance. I have witnessed the burnout and stress that educators face, impacting their joy and creativity. This seminar emphasises the importance of well-being for educators to create joyful learning environments both at work and at home. We'll explore gratitude, mindfulness, and self-care to help educators reconnect with their values and enhance their moments of joy. By prioritising joy, we can find it more readily in ordinary moments, allowing educators to thrive and spread joy throughout their classrooms and lives. Join us in creating a ripple effect of joy in education.



Presented By:

Leah Evans
Find your Joy - Joy Coach

Language: English | Audience: All

13:30 - 14:20

The importance of understanding retained primitive reflexes in a post pandemic world

Retained Primitive Reflexes have been around as a concept since at least the 1950's yet there is still scant understanding of how they impact children. Since the pandemic and a generation of children growing up in a changed society, primitive reflexes are having an even greater impact and can partly explain why so many children are struggling. Reflexes are movement patterns and understanding these patterns and the mental, emotional and physical symptoms of when they are retained can change our view of behaviour, including simple movements into a school day can improve focus, attention, concentration and reduce anxiety.



Presented By:

Niki McGlynn

Organised Mind

Neurodevelopment Therapist and Trainer

Language: English | Audience: All

All seminars accredited by Agored





09:00 - 09:50 \ 12:00 - 12:50 \

13:30 - 14:20

Using your school grounds for learning

This workshop will provide ideas and inspiration for you to start using your school grounds for learning. There is a wealth of learning opportunities in every school outdoor area even with limited or no grass and trees.

We will identify ways to build the pupils self-confidence and independence and develop teamwork through interacting with nature.

Being outdoors gives pupils and adults the opportunity to learn about and care for the environment.

The outdoors is a place to nurture ourselves and those around us. It helps to reduce stress and fatigue which in turn improves our health and wellbeing.



Presented By: **Meriel Iones Bute Park Education Officer** Language: English | Audience: All

15:00 - 15:50

How to support children and young people experiencing grief

During this interactive seminar we will explore common responses to death and how we can help a child or young person to make sense of their loss, including strategies for coping with anniversaries, birthdays and other significant milestones.

The session will offer practical ideas that staff or parents can use to support a child in their bereavement journey, with one of these approaches demonstrated during the seminar. Attendees will also receive signposting information and resources.



Presented By:

Tracey Booth and Katherine Potter Platfform Wellbeing - Head of Therapies and Lead Counsellor

Language: English | Audience: All

15:00 - 15:50

Behaviour as communication

Maria will explore the concept of behaviour as a form of communication, highlighting how individuals express needs, emotions, and experiences through their actions.

Participants will gain insights into understanding and interpreting behaviours, particularly in individuals who may struggle with verbal communication.

Maria will cover key strategies for identifying underlying causes of behaviour, such as unmet needs, anxiety, or sensory processing challenges.

Attendees will learn practical approaches to respond effectively, reduce challenging behaviours, and build positive, supportive relationships.



Presented By: **Maria Taylor** CPI - International Director of Training Language: English | Audience: All

15:00 - 15:50



EAL vs SEN / ALN and factors which may affect progress

EAL and SEN / ALN are certainly not the same thing, and this session looks at reasons why an EAL child might not be making the progress we expect. It examines what progress we can expect to see realistically and questions whether we are effectively building data, tracking and setting language targets that show progress. Common barriers to learning are often at play so Beth will highlight these, but she will also look at red flags for when SEN / ALN might be playing a role alongside EAL.



Presented By:

Beth Southern

Educational Consultant and Specialist Leader of Education (SLE) for EAL

Language: English | Audience: All

15:00 - 15:50

Technolegau Cydweithredol mewn Ysgolion

Bydd y seminar hwn yn plymio i dechnolegau cydweithredol trochi. Ymchwilio i offer blaengar fel Bwrdd Gwyn a Thimau, gan ddatrys eu swyddogaethau a datgloi eu potensial i ddyrchafu gwaith tîm a chydweithio. Wedi'i theilwra ar gyfer addysgwyr sy'n dilyn y Cwricwlwm i Gymru, bydd y sesiwn hon yn archwilio sut y gall yr offer hyn wella cyfleoedd cydweithredol yn yr ystafell ddosbarth, gan roi sgiliau a gwybodaeth amhrisiadwy i fynychwyr. Yn y dirwedd ddigidol sy'n esblygu'n barhaus, mae'r seminar hwn wedi'i gynllunio i rymuso cyfranogwyr, gan eu galluogi i lywio a ffynnu mewn byd lle mae sgiliau cydweithio yn hollbwysig. Ymunwch â ni i lunio dyfodol addysg drwy lens technolegau cydweithredol arloesol.



Presented By: **Dafydd Humphreys** Pathway Manager - Aspire 2Be Language: Welsh | Audience: All

15:00 - 15:50

Overcoming stress in education: Strategies for joy and well-being

In today's educational environment, rising stress, overwhelm, and burnout are diminishing well-being and personal joy among educators. This seminar will delve into the barriers and blocks to joy, focusing on what we can control and influence in our own lives and workplaces. Participants will leave empowered and better equipped to manage and alleviate stress, with practical tools and tips at their fingertips to create more pockets of joy.

We will explore techniques such as breathing exercises, gratitude practices, movement, rest, and setting boundaries to make more room for joy in our lives. This seminar aims to help educators live life more fully, with the lid off! Let's unlock the full potential of joy and well-being in education.



Presented By: Find your Joy - Joy Coach Language: English | Audience: All

All seminars accredited by







15:00 - 15:50

An introduction to dyscalculia and maths difficulties

The seminar will include dyscalculia definitions, context, maths anxiety, indicators of maths difficulties, use of checklists and screening tools, assessment, and teaching intervention strategies for the classroom. Delegates will gain a better understanding of how to screen, identify and support learners with dyscalculia or maths difficulties in the classroom.



Presented By:

Cat Eadle & Rob Jennings Co-Founders - Dyscalculia Network

Language: English | Audience: All

15:00 - 15:50

Indoor approach to maximising nature connection

A strong connection to nature is the best predictor of pro-environmental behaviour in young people, not to mention the wealth of other benefits. In today's busy, results led educational landscape practitioners need a strategy to maximise the impact of nature connection whilst still delivering the necessary curriculum content. In this seminar we use intersectional pedagogy as the framework to explore how standard curriculum delivery can be enhanced to impart nature connection, even when inside the classroom. Important for environmentally motivated educators including the new mandated school sustainability officers seeking guidance and those in humanity and science curriculum delivery.



Presented By:

Rebecca Edwards / Mark Tiernan

Environmental Learning Coordinator/ Centre Operations Manager

Language: English | Audience: All

15:00 - 15:50

From solitude to solidarity: Why group work is vital for social and emotional wellbeing in schools

Schools face constant pressure to meet and improve the social and emotional wellbeing needs, often investing heavily in individual interventions. However, this is not sustainable or practical given the number of children in need.

Our young people are calling out for connection in a world where loneliness and anxiety run high. Schools are uniquely positioned to answer this call by transitioning children from individual interventions to group-based

This seminar explores how schools can meet these challenges by knowing when to shift from one-to-one therapeutic interventions to a group work approach, fostering connection, empathy, and resilience in young people.



Presented By: The Mental Health Hub - Founder Language: English | Audience: All

15:00 - 15:50

'Adaptable is the new sexy'

Change is constant in education, and adaptability is the key to thriving. Drawing on his experience as a former frontline police officer, Rob shares reallife stories and practical strategies to help educators embrace challenges, manage stress, and build resilience. This engaging keynote empowers education professionals to foster an adaptable mindset, enabling them to navigate change confidently and inspire their students to do the same. Prepare to be motivated and equipped with tools to turn uncertainty into opportunity.



Presented By:

"The Mighty Motivator"

TEDx Motivational International Speaker

Language: English | Audience: All

SEMINAR TICKETS

If you're interested in attending any of the seminars at the National Education Show at the Utilita Arena in Cardiff on 3rd October 2025, be sure to book your place today!

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Available until midnight 30th Sept 2025

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(<u>Please ensure your email address is individual so CPD hours can be awarded by Agored Cymru</u>).

Please mark the table below with the seminars that you wish to attend

SEND / ALN Seminars

	09:00 - 09:50	10:30 - 11:20	- 12:00 - 12:50	- 13:30 - 14:20	- 15:00 - 15:50
Room TBC	Making the most of the internet as a teacher	Working smarter not harder	Oracy – Pedagogy of hope and action	How to bring joy into your classroom without losing your mind.	An introduction to dyscalcul and maths difficulties
	Mr P	Mr P	Hywel Roberts	Hywel Roberts	Cat Eadle & Rob Jennings
Room TBC	The importance of play and fun for children's wellbeing	Working on our own mental health and wellbeing first – so we have the energy to	Where words fail music speaks	Taskmaster Education: The joy of learning	How to support children a young people experiencin grief
	Jenny Mosley	help others! Jenny Mosley	Joy Dando	Dr Ali Struthers and James Blake-Lobb	Tracey Booth & Katherine Potter
Room TBC	It is just a fad: They don't need a diagnosis	Sensory supports are you being mis-sold?	Autism plus Environment = Outcome	Autistic at school, understanding our sensory differences can enhance	Behaviour as communication
	Dr Jo Grace	Dr Jo Grace	Tigger Pritchard	learning Tigger Pritchard	Maria Taylor
Room TBC	Strategies for effective SEND / ALN leadership	Dragons – A creative writing adventure	Creating the 'we': the importance of belonging in schools	Datblygiadau newydd mewn cyhoeddi llyfrau digidol rhyngweithiol ar gyfer	Overcoming stress in education: strategies for and well-Being
	Karen Ferguson	Pie Corbett	Jean Gross	ysgolion. Robin Williams	Leah Evans
Room TBC	Teaching and learning in a neurodiverse world	Finding the Fizz - pedagogy, practice, emotional well- being, hope and happiness.	Building your mental wealth team	When do restrictive practices become a safeguarding concern?	EAL vs SEN / ALN and fac which may affect progre
.25	Nina Jackson	Nina Jackson	Mike Pegan	Maria Taylor	Beth Southern
Room TBC	Understanding mental wealth	Coaching at heart of organisational health and well-being	The explosive pupil! Anger management for schools and colleges	Be resilient! Practical ways to develop resilient pupils	Indoor approach to maximising nature connec
	Mike Pegan	Julie Rees	Nicola S. Morgan	Nicola S. Morgan	Rebecca Edwards & Mark Tiernan
Room	Vocal energiser - Vocal health and well-being	Learn to de-escalate with the Maria Von Trapp method	Leading outstanding SEND / ALN provisions.	I only said and WOOSH!	From solitude to solidari
TBC	Polly Beck	Meic Griffiths / Neal Collard	Emma Noel Pinnock	Meic Griffiths / Neal Collard	Cath Beagley
Room TBC	Present your ideas, news and opinions with confidence	The Principal educational strategies to support children and young people with ADHD.	Top tips for making an impact in the classroom:	Supporting the mental health and wellbeing of children and young people with ADHD.	Technolegau cydweithredol mewn ysgolion
,,,,,	Susan Heaton-Wright	Colin Foley	Susan Heaton-Wright	Colin Foley	Dafydd Humphreys
Room	Reducing challenging behaviour in class: why focusing on language skills	To pride or not to pride	Using the outdoors to maximise nature connection.	Bulling is so gay	"Adaptable is the new se:
ТВС	can be an answer. Sue White	Ian Timbrell	Rebecca Edwards/ Mark Tiernan	Ian Timbrell	Rob Hoskin
Room TBC	Personalised Learning for every pupil	Things I didn't know my device could do!	60 Seconds away Maria Guimaraes	Unlocking joy in education: Seminar for empowering educators	
	Ryan Evans	Nick Evans		Leah Evαns	<u>ک</u> الی
Room TBC	e-sgol yn y cynradd Huw Davies	The path to happy, high- performing schools	Approaching EAL support strategically: From arrival to assessment and achievement	10 common leadership pitfalls in schools—and how to overcome them	
	The Duvies	Sonia Gill	Beth Southern	Sonia Gill	_ ال
Room TBC	SEND / ALN Identification and Its impact on progress, resources and well-being	Magic and self- confidence Karen Wynne	Understanding the DfE's Whole school approach the mental health and wellbeing Cath Beagley	The importance of understanding retained primitive reflexes in a post pandemic world	
Room	Emma Noel Pinnock Using your school grounds for learning		Using your school	Niki McGlynn Using your school grounds for learning	

SCAN ME

TBC

grounds for learning

Meriel Jones

Invoice Information: (if the details below are the same for all staff members, you will only need to complete below only once)

grounds for learning

Meriel Jones

grounds for learning

Meriel Jones

Contact Name:	Email address:
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- 2. Full payment must be made within 28 days of you registering by submitting this form. If payment is not made prior to the show date, the National Education Show ("NES") reserves the right to refuse entry to you/the delegate. Once payment has been received a receipt will be sent.
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- 4. National Education Show reserves the right to cancel any advertised seminars if deemed necessary by NES, at its sole discretion.
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- 8. Please note it is your/delegate responsibility to ensure the delegate's email address on the booking form is correct for ticketing purposes. If you haven't heard from us, please email info@nationaleducationshow.com at least 3 weeks before the show date.
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